IMEC (Marie Cobel) with “Friends”
April 14, 1986

Session 180: The next higher state of consciousness

Original Question: What does Friend’s energy body look like?

Summary: When IMEC looks at Friends energy body, it is semi-transparent, but much like humans. It features quick movements and separations among different parts. Energy is much faster.

There follows a long descriptive discourse on the nature of the next higher state of consciousness.

The experience of it by individuals in the earth plane involves releasing the attachments to the earth plane and the rules that control the perception of it. A change of awareness is necessary to experience this higher state. The topic changes to “how to become free,” with a few interesting nuggets amid ramblings that are difficult to comprehend.

Report by Jim Lane